



# **NOURISH**

EATERY CATERING

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**SIT DOWN SERVICE**

# **NOURISH** EATERY CATERING

Let Nourish Eatery & Catering tantalize your taste buds with healthy and hearty home-style foods, wholesomely prepared with local products that complement an active lifestyle of well-being and care for the whole family.

## **SIT DOWN SERVICE**

**Choice of one item per option for the entire group but will modify meals for individuals with allergens, intolerances or dietary needs**



## **SIT DOWN SERVICE WITH PLATED MEALS**

**A Service Fee will be added for each server that is required for the event.  
The Fee varies by party size.**

### **Option #1 Cold Sandwich \$9**

Ham and Cheese, Chicken Caesar Wrap, BLT, Roast Beef with Mustard, or Tuna Salad. Vegetarian and Gluten-Free options available upon request.

### **Option #2 Hot Sandwich \$13**

Pulled Pork with Slaw, Chicken Skewers with Tzatziki, Tomato and Lettuce, Honey Mustard Chicken Club, or Philly Cheese Steak. Vegetarian and Gluten-Free options available upon request.

### **Option #3 Hot Dinner \$17**

Meat Lasagna, Chicken Alfredo, Shepherd's Pie, Cheeseburger Casserole or Sausage Potato Stew. Vegetarian and Gluten-Free options available upon request.

### **Option #4 Choice of three items \$23**

One meat and two side dishes.

**Meat:** Beer Braised Chicken Thighs, Slow Roasted Pork Chops, Herb Roasted Chicken, Meatballs in Marinara, Honey Ham, Maple Baked Trout, or Pan Fried Haddock.

**Sides:** Mash Potatoes, Herb Roasted Potatoes, Scalloped Potatoes, Steamed White Rice, Tomato Rice Pilaf, Rotini with Rose Sauce, Roasted Sweet Potatoes, Baked Cauliflower and Broccoli or Seasonal Vegetables. Vegetarian and Gluten-Free options available upon request.

### **Option #5 Kid's Meal \$6**

Cheese or Pepperoni Pizzas, Chicken Fingers and Fries, or Baked Mac n' Cheese served with Carrots, Celery and Cucumber. Kid's meals can be added on to any option.

#### **Add a Soup Course \$4**

Chef Choice

#### **Add a Salad Course \$4**

Caesar or Garden

#### **Add a Dessert Course \$6**

Apple Crumble and Ice Cream, Mixed Berry Cheesecake, or Chocolate Brownie with Whipped Cream and Fresh Berries.

## **Coffee and Refreshments**

### **Individual Choice**

#### **Coffee, Tea, Pop, or Juice \$3**

Coffee, tea or hot chocolate along with milk, cream, non-dairy milk, sugar and sweeteners. Variety of Pepsi Products, Apple, Orange or Mixed Fruit.