



NOURISH

EATERY CATERING

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BUFFET SERVICE

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Let Nourish Eatery & Catering tantalize your taste buds with healthy and hearty home-style foods, wholesomely prepared with local products that complement an active lifestyle of well-being and care for the whole family.

BUFFET SERVICE

Prices are listed per person. Meals will be modified for individuals with allergens, intolerances or dietary needs.



BUFFET STYLE LUNCH

PIZZA

Option #1 Classic \$8

Assortment of Cheese Pizza, Pepperoni Pizza or Garlic Fingers.

Option #2 Premium \$9

Assortment of Deluxe, Meat Lovers, Hawaiian, or Vegetarian.

SANDWICH

Option #1 Cold \$9

Assortment of wraps and sandwiches. Ham and Cheese, Chicken Ceasar, BLT, Roast Beef with Mustard, and Tuna Salad. Vegetarian and Gluten-Free options available upon request.

Option #2 Hot \$13

Assortment of build your own sandwiches. Two styles of buns with two styles of hot meats. Sandwich Rolls, Kaiser Buns, Pita Wraps, or Taco Shells. Pulled Pork, Sausages, Chicken Skewers, Baked Chicken Filet, or Philly Steak. Condiments and vegetable and garnish included. Vegetarian and Gluten-Free options available upon request.

BUFFET STYLE DINNER

Option #1 One hot dinner \$17

Meat Lasagna, Chicken Alfredo, Shephard's Pie, Cheeseburger Casserole or Sausage Potato Stew.

Option #2 Choice of three items \$23

One meat and two side dishes.

Meat: Beer Braised Chicken Thighs, Slow Roasted Pork Chops, Herb Roasted Chicken, Meatballs in Marinara, Maple Baked Trout, or Pan Fried Haddock.

Sides: Mash Potatoes, Herb Roasted Potatoes, Scalloped Potatoes, Steamed White Rice, Tomato Rice Pilaf, Rotini with Rose Sauce, Roasted Sweet Potatoes, Baked Cauliflower and Broccoli or Seasonal Vegetables.

KIDS BUFFET

Priced for kids only

Choice of Meal \$6

Cheese and Pepperoni Pizzas with Garlic Fingers, Chicken Fingers and Fries, or Baked Mac n' Cheese. All meals served with a Vegetable tray.

BUFFET ADD-ONS

Soup Station \$4

Chef Choice

Salad Station \$4

Ceasar or Garden

Vegetable Platter \$3

Chef choice of mixed vegetables service with dip.

Fresh Fruit Tray \$6

Assorted in season fruits with chocolate or cream cheese dip.

Meat and Cheese Board \$5

Assorted meats and cheese from local meat and dairy farms.

Assorted Snacks \$2

Chef choice of a mix of muffins, cookies and pastries. Vegetarian and Gluten-Free options available upon request.

Dessert Platter \$6

Apple Crumble, Mixed Berry Cheesecake, Chocolate Brownie with Whipped Cream, or Mixed Sweet Tray. (Chef Choice)

Coffee and Tea \$2

2 extra large thermoses, one with Coffee and the other with hot water, served with a variety of tea and hot chocolate along with milk, cream, non-dairy milk, sugar and sweeteners.

Water and Juices \$2

3 extra large beverage dispensers, one water and the other two with choice of juice. Apple, Orange or Mixed Fruit.