



SPRING 2025 DROP-IN SCHEDULE

MARCH 31 - JUNE 30

WWW.RATHEASTLINKCOMMUNITYCENTRE.CA/SPRING

***SCHEDULE SUBJECT TO CHANGE**

FOR OUR UPDATED SCHEDULES INCLUDING PUBLIC SKATING TIMES & CLIMBING WALL AVAILABILITY VISIT WWW.THERECC.CA

***STAY INFORMED WITH TEXT MESSAGES**

WHEN PROGRAMS OR FACILITIES CLOSE UNEXPECTEDLY, WE SEND OUT A TEXT MESSAGE TO ALL OF OUR TEXT ALERT SUBSCRIBERS LETTING THEM KNOW! TO SUBSCRIBE, SIMPLY TEXT RECC TO 1-833-286-7395. FROM YOUR MOBILE DEVICE AND FOLLOW THE INSTRUCTIONS WHEN PROMPTED.



@ratheastlinkcc

FACILITY HOURS

MON	6AM - 9PM
TUE	6AM - 9PM
WED	6AM - 9PM
THU	6AM - 9PM
FRI	6AM - 9PM
SAT	8AM - 8PM
SUN	8AM - 8PM

CONTACT

625 ABENAKI RD
TRURO, NS
B2N 0G6

902.893.2224

THERECC.CA

Please visit www.therecc.ca for our holiday hours and closure notices.

MEMBER TYPE	MONTHLY MEMBERSHIP *RECURRING	ANNUAL MEMBERSHIP *1 YEAR PAID IN FULL
ADULT	\$67.00	\$737.00
ADULT +1	\$110.00	\$1210.00
STUDENTS/ SENIORS	\$45.00	\$487.00
STUDENTS/ SENIORS +1	\$84.00	\$918.00
FAMILY	\$127.00	\$1392.00

*One-time facility enhancement fee for each new recurring membership

*PRICES INCLUDE TAX

All programs and schedules are "weather permitting" and are subject to change. Please check out our website www.therecc.ca or call our Welcome Desk at 902-893-2224 for schedule confirmation. Open/Lane swimming times and Wall/Pool/Track/ADC/Arena event schedule changes can also be found on our website.

LEGEND

FITNESS

SPIN

WILSONS COMPETITIVE POOL

TIM HORTONS LEISURE POOL

RECC ARENA

KOHLTECH CLIMBING WALL

ATHLETE DEVELOPMENT CENTRE

CONDITIONS OF USE

TO PROVIDE AN ENJOYABLE ATMOSPHERE FOR ALL OUR USERS WE ASK FOR YOUR SUPPORT TO ADHERE TO THE FOLLOWING CONDITIONS WHEN VISITING OUR FACILITY.

AQUATICS CENTRE

- CHILDREN 12 & UNDER MUST HAVE AN ADULT (16+ YRS) REMAIN WITHIN THE AQUATIC CENTRE
- CHILDREN 7 AND UNDER MUST HAVE AN ADULT (16+ YRS) WITHIN ARM'S LENGTH AT ALL TIMES WHILE IN THE POOL

CLIMBING WALL

- YOUTH 18 AND UNDER MUST HAVE A PARENT/LEGAL GUARDIAN READ AND COMPLETE A LIABILITY WAIVER PRIOR TO ANY CLIMBING
- YOUTH 12 AND UNDER MUST BE SUPERVISED BY SOMEONE AGE 16+ TO BE PERMITTED WITHIN THE CLIMBING AREA (UNLESS ATTENDING A REGISTERED YOUTH PROGRAM)

FITNESS CENTRE

- YOUTH 18 AND UNDER MUST HAVE A PARENT/LEGAL GUARDIAN READ AND COMPLETE A LIABILITY WAIVER PRIOR TO FITNESS CENTRE ACCESS
- YOUTH AGE 12 YEARS MUST HAVE PARENT/GUARDIAN 16+ SUPERVISION IN THE FITNESS CENTRE. YOUTH 13 YEARS & UP MAY WORK OUT INDEPENDENTLY.

PLEASE VISIT WWW.RATHEASTLINKCOMMUNITYCENTRE.CA/ABOUT/CONDITIONS-OF-USE FOR OUR FULL POLICY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00am							
6:15am							
6:30am	AQUATICS CENTRE OPEN 6:15 AM - 8:30 PM CHECK ONLINE SCHEDULE FOR LANE & LEISURE AVAILABILITY	AQUATICS CENTRE OPEN 6:15 AM - 8:30 PM CHECK ONLINE SCHEDULE FOR LANE & LEISURE AVAILABILITY	AQUATICS CENTRE OPEN 6:15 AM - 8:30 PM CHECK ONLINE SCHEDULE FOR LANE & LEISURE AVAILABILITY	AQUATICS CENTRE OPEN 6:15 AM - 8:30 PM CHECK ONLINE SCHEDULE FOR LANE & LEISURE AVAILABILITY	AQUATICS CENTRE OPEN 6:15 AM - 8:30 PM CHECK ONLINE SCHEDULE FOR LANE & LEISURE AVAILABILITY	AQUATICS CENTRE OPEN 6:15 AM - 8:30 PM CHECK ONLINE SCHEDULE FOR LANE & LEISURE AVAILABILITY	AQUATICS CENTRE OPEN 6:15 AM - 8:30 PM CHECK ONLINE SCHEDULE FOR LANE & LEISURE AVAILABILITY
6:45am							
7:00am							
7:15am							
7:30am							
7:45am							
8:00am							
8:15am							
8:30am		DANCEFIT Heidi 8:00 am - 9:00 am	PILATES YOGA REMIX Hyesun 8:00 am - 9:00 am		RECC RIDE REMIX Chantal 8:00 am - 9:00 am	RECC DANCEFIT Nik 8:00 am - 9:00 am	
8:45am							
9:00am							
9:15am							
9:30am	AQUA ZUMBA 9:15 am - 10:00 am (4 - 5 lanes)	SILVER STRONG Adrian 9:15 am - 10:15 am	AQUA YOGA 9:15 am - 10:00 am	ZUMBA Fara 9:15 am - 10:15 am	AQUA ZUMBA 9:15 am - 10:00 am (4 - 5 lanes)	SILVER STRONG Amanda 9:15 am - 10:15 am	AQUA ZUMBA 9:15 am - 10:00 am (4 - 5 lanes)
9:45am							
10:00am							
10:15am	AQUA MOVEMENT 10:00 am - 10:45 am						
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2:45pm							
3:00pm	POOL CLOSURE 2:00 pm - 3:30 pm	POOL CLOSURE 2:00 pm - 3:30 pm	WALK & ROLL Arena Walking Track 2:00 pm - 3:30 pm	POOL CLOSURE 2:00 pm - 3:30 pm	POOL CLOSURE 2:00 pm - 3:30 pm	POOL CLOSURE 2:00 pm - 3:30 pm	POOL CLOSURE 2:00 pm - 3:30 pm
3:15pm							
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4:45pm							
5:00pm	FUNCTIONAL FITNESS Nik 4:30 pm - 5:15 pm	FUNCTIONAL FITNESS Lauren 4:30 pm - 5:15 pm	FUNCTIONAL FITNESS Lauren 4:30 pm - 5:15 pm	FUNCTIONAL FITNESS Nik 4:30 pm - 5:15 pm	FUNCTIONAL FITNESS Nik 4:30 pm - 5:15 pm	FUNCTIONAL FITNESS Nik 4:30 pm - 5:15 pm	FUNCTIONAL FITNESS Nik 4:30 pm - 5:15 pm
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9:15pm							



WWW.NOVASCOTIASTAMPEDE.COM BUY YOUR TICKETS NOW

UPDATED MARCH 31, 2025 4:51 pm

NOVA SCOTIA STAMPEDE
SEPT 18 - 21
2025

WWW.NOVASCOTIASTAMPEDE.COM **BUY YOUR TICKETS NOW**

Canada Nova Scotia Colchester TRURO FFA FFA FFA Ticketpro

MONSTER MADNESS
SATURDAY JUNE 14TH 2025

ON SALE NOW

CANADA'S #1 FEMALE DRIVER

2 MIND-BLOWING SHOWS!

AFTERNOON SHOW: PIT PARTY 11AM - 12PM / SHOW AT 12:30 PM
EVENING SHOW: PIT PARTY 5PM - 6PM / SHOW AT 6:30 PM

NOVA SCOTIA PROVINCIAL EXHIBITION COMPLEX | TRURO, NS

BUY TICKETS AT WWW.TICKETPRO.CA

REBEL ENTERTAINMENT PRESENTS
Cypress Hill

ON SALE NOW

DE LA SOUL

CANADABIS
SUNDAY MAY 18TH
TRURO

RATH EASTLINK COMMUNITY CENTRE

The Pharcyde

Ticketpro

LIVESTAR

FFA

SPRING 2025

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MARCH 31 - JUNE 30
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