

NOURISH
EATERY CATERING

NOW OPEN!

AT THE RECC

MON - FRI 8AM - 7PM

SAT & SUN 9AM - 7PM

PRESENTED BY



COLDSTREAM
CLEAR

CLASSIC SUMMER NIGHTS FEATURING

KIMMITCHELL

& SIGNAL HILL

Signal
Hill

NEW DATE!

SATURDAY SEPT 17

AT THE RECC TRURO NS

UNION
PRINCE

THE BOUNCE
RADIO 4100.9

TICKETS ON SALE NOW!

WWW.TICKETPRO.CA | 19+ ONLY

TICKETS PURCHASED FOR THE ORIGINAL DATE OF JUNE 30TH ARE VALID FOR THE NEW DATE OF SEPT 17TH.



SINGLE GAME,
2 GAME & FAMILY
TICKET PACKAGES
AVAILABLE



**TITAN
ACADIE -
BATHURST**

VS

**CAPE
BRETON
EAGLES**



TICKETS AVAILABLE NOW AT TICKETPRO.CA

2 EXHIBITION GAMES!
AUGUST 18 & 19, 2022
PUCK DROPS AT 7PM

RATH EASTLINK COMMUNITY CENTRE
625 ABENAKI RD TRURO NS
FREE ADMISSION FOR RECC MEMBERS



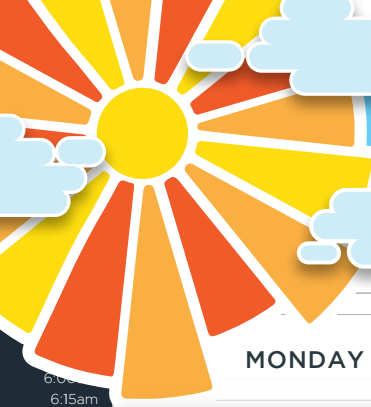
IN SUPPORT OF



**JED RITCEY
LEGACY FUND**



THE RECC.CA



The Summer of you!

2022 DROP-IN SCHEDULE AUG 2 - SEPT 4



f @ratheastlinkcc

FACILITY HOURS

MON	6AM - 9PM
TUE	6AM - 9PM
WED	6AM - 9PM
THU	6AM - 9PM
FRI	6AM - 9PM
SAT	8AM - 8PM
SUN	8AM - 8PM

CONTACT

625 ABENAKI RD
TRURO, NS
B2N 0G6
902.893.2224
WWW.THERECC.CA

MEMBER TYPE	MONTHLY MEMBERSHIP *RECURRING	ANNUAL MEMBERSHIP *1 YEAR PAID IN FULL
ADULT	\$60.89	\$669.81
ADULT +1	\$99.99	\$1099.92
STUDENTS/ SENIORS	\$40.19	\$442.12
STUDENTS/ SENIORS +1	\$75.84	\$834.27
FAMILY	\$114.99	\$1264.94

*All Prices include taxes

***One-time facility enhancement fee for new payment plan membership**

All programs and schedules are "weather permitting" and are subject to change. Please check out our website www.therecc.ca or call our Welcome Desk at 902-893-2224 for schedule confirmation. Open/Lane swimming times and Pool/Arena event schedule changes can also be found on our website. Participants for the HydroRider class must pre-register at noon each Monday by contacting our Welcome Desk.

LEGEND

FITNESS
SPIN
WILSONS COMPETITIVE POOL
TIM HORTONS LEISURE POOL
RECC ARENA
KOHLTECH CLIMBING WALL



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

***SCHEDULE SUBJECT TO CHANGE
FOR OUR UPDATED SCHEDULES
INCLUDING PUBLIC SKATING TIMES
VISIT WWW.THERECC.CA**

6:00am
6:15am
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FAMILY SWIM NO SLIDE 6:30 am - 9:00 am	FAMILY SWIM NO SLIDE 6:30 am - 9:00 am	FAMILY SWIM NO SLIDE 6:30 am - 9:00 am	FAMILY SWIM NO SLIDE 6:30 am - 9:00 am	FAMILY SWIM NO SLIDE 6:30 am - 1:00 pm		
AQUA FIT Sylvie 9:00 am - 9:45 am	AQUA FIT Tracey 9:00 am - 9:45 am	AQUA FIT Sylvie 9:00 am - 9:45 am	AQUA FIT Tracey 9:00 am - 9:45 am	AQUA FIT Sylvie 9:00 am - 9:45 am	AQUA FIT Sylvie 9:00 am - 9:45 am	AQUA CORE Sylvie 8:00 am - 8:45 am
	BOOTCAMP Sue 9:15 am - 10:15 am	SILVER STRONG Scott 9:15 am - 10:15 am		BOOTCAMP Sue 9:15 am - 10:15 am		FUN FRIDAY Scott 9:15 am - 10:15 am
AQUA MOVEMENT Florence 10:00 am - 10:45 am	AQUA MOVEMENT Tracey 10:00 am - 10:45 am	AQUA MOVEMENT Florence 10:00 am - 10:45 am	AQUA MOVEMENT Tracey 10:00 am - 10:45 am	AQUA MOVEMENT Florence 10:00 am - 10:45 am		
	TRX Sue 10:30 am - 11:30 am			SPIN Sue 10:30 am - 11:30 am		
ADULT PICKUP HOCKEY (COED) 12:00 pm - 1:00 pm	ADULT PICKUP HOCKEY (COED) 12:00 pm - 1:00 pm	ADULT PICKUP HOCKEY (COED) 12:00 pm - 1:00 pm	ADULT PICKUP HOCKEY (COED) 12:00 pm - 1:00 pm	ADULT PICKUP HOCKEY (COED) 12:00 pm - 1:00 pm	ADULT PICKUP HOCKEY (COED) 12:00 pm - 1:00 pm	WAR Joel 12:15 pm - 1:00 pm
OPEN SWIMS 1:00 pm - 6:30 pm	OPEN SWIMS 1:00 pm - 4:00 pm	OPEN SWIMS 1:00 pm - 6:30 pm	OPEN SWIMS 1:00 pm - 4:00 pm	OPEN SWIMS 1:00 pm - 8:30 pm	OPEN SWIMS 1:00 pm - 8:30 pm	CLIMBING WALL OPEN 10:00 am - 5:00 pm
COMMUNITY CLIMB 3:00 pm - 5:00 pm		COMMUNITY CLIMB 4:00 pm - 6:00 pm	COMMUNITY CLIMB 2:00 pm - 4:00 pm	CLIMBING WALL OPEN 2:00 pm - 9:00 pm	CLIMBING WALL OPEN 2:00 pm - 9:00 pm	COMMUNITY CLIMB 1:00 pm - 4:00 pm
	ZUMBA Hema 5:30 pm - 6:20 pm	STRENGTH Robyn 5:30 pm - 6:20 pm	STRENGTH & CORE Julia 5:30 pm - 6:45 pm	CLIMBING WALL OPEN 2:00 pm - 9:00 pm	CLIMBING WALL OPEN 2:00 pm - 9:00 pm	CLIMBING WALL OPEN 12:00 pm - 8:00 pm
OPEN SWIM SLIDE OPEN 6:30 pm - 7:15 pm	AQUA FIT Tracey 6:30 pm - 7:15 pm	OPEN SWIM SLIDE OPEN 6:30 pm - 7:15 pm	OPEN SWIM SLIDE OPEN 6:30 pm - 7:15 pm	FAMILY SWIM SLIDE OPEN 6:00 pm - 7:00 pm	AQUA FIT Sylvie 6:30 pm - 7:15 pm	
OPEN SWIMS 7:15 pm - 8:30 pm	OPEN SWIMS 6:45 pm - 8:30 pm	OPEN SWIMS 7:15 pm - 8:30 pm	OPEN SWIMS 7:00 pm - 8:30 pm			

RECC DROP-IN RATES *Prices include tax

ADULTS	\$8.50
SENIORS (60+)	\$6.50
STUDENTS	\$6.50
FAMILY	\$19.00
2 ADULTS & ANY NUMBER OF DEPENDENTS UNDER THE AGE OF 21	

++ \$5 SHOE & HARNESS RENTAL PER PERSON FOR CLIMBING WALL OR \$10 PER FAMILY

10 VISIT PASS *Prices include tax

ADULTS	\$68.00
SENIORS (60+)	\$50.00
STUDENTS	\$50.00
FAMILY	-

*10 VISIT PASSES ARE VALID FOR 3 MONTHS FROM THE DATE OF PURCHASE

WE'RE HIRING

- Group Fitness Instructors
- Member Experience Specialists
- Event Staff
- Custodial and Operations
- Program Administrators
- ...and many more!

CHECK OUR CURRENT OPPORTUNITIES AT WWW.THERECC.CA

THERECC.CA

PERSONAL TRAINING

GET STARTED TODAY!

CHANTZ PARKER
FITNESS & WELLNESS SPECIALIST
PT@THERECC.CA