

# AQX Aqua Fitness Leadership Course

*Active theory and practical skills course leading to certification in aqua fitness leadership with Rath Eastlink Community Centre*



**WHERE:** Rath Eastlink Community Centre

625 Abenaki Road, Truro, NS B2N 0G6 (902)843-2224

**Who Should Attend?** This is a hybrid course for anyone interested in becoming a certified aqua fitness instructor.

The 20 hour online course is followed by 20 hours of onsite practical skills training.

**Certification** is earned by **100% completion of the online leadership course** as well as **100% attendance and active participation in the on-site practical skills course**. Theory quizzes are included in the online course (80% pass). Practice teaching with your AQX Mentor and successful completion of a practical teaching assessment completes your AQX certification.

- AQX certification is recognized throughout (and beyond) the Atlantic region
- Certified instructors are eligible to teach aqua fitness for RECC and elsewhere
- Minimum age: 16

**Cost for RECC staff:** \$210 + HST per Participant (includes the prerequisite online course, mentorship and practical assessment)

**Cost for AQX Subscribers who do not work at RECC:** \$340 per participant

**Cost for learners who do not work with RECC or an AQX Subscriber** \$340 + HST + online course purchase (\$357.77 includes tax). Course link: <https://fortheLoveofFit.thinkific.com/courses/aqx-aqua-fitness-certification-course>

**To register, follow this link:** <https://www.ratheastlinkcommunitycentre.ca/programs/aquatic-leadership/#AQX>

**Registration Instructions:** [https://www.ratheastlinkcommunitycentre.ca/images/1.\\_Perfect\\_Mind\\_-\\_Online\\_Registration\\_Procedures\\_Copy\\_June\\_1\\_2022.pdf](https://www.ratheastlinkcommunitycentre.ca/images/1._Perfect_Mind_-_Online_Registration_Procedures_Copy_June_1_2022.pdf)

**For more information about AQX Aqua Fitness Leadership Excellence visit the links below:**

www.FortheLoveofFit.com    www.youtube.com/@aqxaqualeadershipexcellence    On-Line Learning: www.FortheLoveofFit.Thinkific.com

**Registration  
Deadline:  
October 20**

**AQX Course Dates: November 2023**

**Four Dates:**

- Wed. Nov 1            5 PM – 9 PM
- Wed. Nov 8            5 PM – 9 PM
- Sat. Nov 18            10 AM – 4 PM
- Sat. Nov 25            10 AM – 4 PM

**Participants must include email and phone at the time of registration**