



NOURISH

EATERY CATERING

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BUFFET SERVICE

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EATERY CATERING

Let Nourish Eatery & Catering tantalize your taste buds with healthy and hearty home-style foods, wholesomely prepared with local products that complement an active lifestyle of well-being and care for the whole family.

BUFFET SERVICE

Prices are listed per person. Meals will be modified for individuals with allergens, intolerances or dietary needs.



BUFFET STYLE LUNCH

PIZZA

Option #1 Classic \$8
Assortment of Cheese Pizza, Pepperoni Pizza or Garlic Fingers

Option #2 Premium \$9
Assortment of Deluxe, Meat Lovers, Hawaiian, or Vegetarian

SANDWICH

Option #1 Cold \$9
Assortment of wraps and sandwiches. Ham and Cheese, Chicken Ceasar, BLT, Roast Beef with Mustard, and Tuna Salad. Vegetarian and Gluten Free options available upon request

Option #2 Hot \$13
Assortment of build your own sandwiches. Two styles of buns with two styles of hot meats. Sandwich Rolls, Kaiser Buns, Pita Wraps, or Taco Shells. Pulled Pork, Sausages, Chicken Skewers, Baked Chicken Filet, or Philly Steak. Condiments and vegetable and garnish included. Vegetarian and Gluten Free options available upon request

BUFFET STYLE DINNER

Option #1 One hot dinner \$17
Meet Lasagna, Chicken Alfredo, Shepard's Pie, Cheeseburger Casserole or Sausage Potato Stew

Option #2 Choice of three items \$23
One meat and two sides dishes
Meat: Beer Braised Chicken Thighs, Slow Roasted Pork Chops, Herb Roasted Chicken, Meatballs in Marinara, Maple Baked Trout, or Pan Fried Haddock
Sides: Mash Potatoes, Herb Roasted Potatoes, Scalloped Potatoes, Steamed White Rice, Tomato Rice Pilaf, Rotini with Rose Sauce, Roasted Sweet Potatoes, Baked Cauliflower and Broccoli or Seasonal Vegetables

KIDS BUFFET

Priced for kids only (12 and under)

Choice of Meal \$6
Cheese and Pepperoni Pizzas with Garlic Fingers, Chicken Fingers and Fries, or Baked Mac n' Cheese. All meals served with a Vegetable tray

BUFFET ADD-ONS

Soup Station \$4
Chef Choice

Vegetable Platter \$3
Chef choice of mixed vegetables service with dip

Fresh Fruit Tray \$6
Assorted in season fruits with chocolate or cream cheese dip

Salad Station \$4
Ceasar or Garden

Meat and Cheese Board \$5
Assorted meats and cheese from local meat and dairy farms

Assorted Snacks \$3
Chef choice of a mix of muffins, cookies and pastries. Vegetarian and Gluten Free options available upon request

Dessert Platter \$6
Apple Crumble, Mixed Berry Cheesecake, Chocolate Brownie with Whipped Cream, or Mixed Sweet Tray (Chef Choice)

Coffee and Tea \$2
2 extra large thermoses, one with Coffee and the other with hot water, served with a variety of tea and hot chocolate along with milk, cream, non-dairy milk, sugar and sweeteners

Water and Juices \$2
3 extra large beverage dispensers, one water and the other two with choice of juice. Apple, Orange or Mixed Fruit