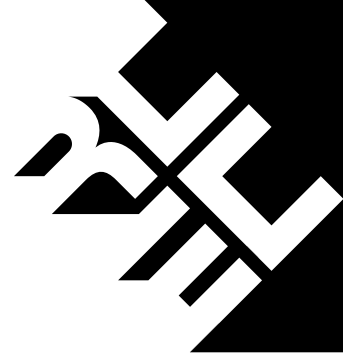


HOW TO BECOME A LIFEGUARD



DONE WITH SWIMMING LESSONS AND WONDERING WHERE TO GO FROM HERE?

If helping others or becoming a lifeguard sounds exciting, leadership programs are a great next step. These courses provide the skills and knowledge you need for lifesaving certification. **Keep in mind, 100% attendance is required to earn your certification.**

LIFESAVING SOCIETY BRONZE STAR*
Prerequisites: Minimum 8 years of age & can comfortably swim 200m
**Bronze Star only required for Bronze Medallion if candidate is under 13 years old*

LIFESAVING SOCIETY BRONZE MEDALLION & BASIC WORKPLACE FIRST AID
Prerequisites: Minimum 13 years of age or Bronze Star certification (need not be current)

LIFESAVING SOCIETY BRONZE CROSS & INTERMEDIATE WORKPLACE FIRST AID
Prerequisites: Bronze Medallion & Basic Workplace First Aid (need not be current)

LIFEGUARD

LEADERSHIP INSTRUCTOR

SWIM FOR LIFE INSTRUCTOR

LIFESAVING SOCIETY NATIONAL LIFEGUARD & AIRWAY MANAGEMENT
Prerequisites: 15 years old + Bronze Cross + Intermediate Workplace First Aid

LIFESAVING SOCIETY LIVESAVING INSTRUCTOR & FIRST AID INSTRUCTOR
Prerequisites: 16 years old + Bronze Cross + Intermediate Workplace First Aid

LIFESAVING SOCIETY SWIM FOR LIFE INSTRUCTOR (SFL)
Prerequisites: 15 years old + Bronze Cross

BECOME A RECC AQUATICS STAFF MEMBER!
Upon completion of your certification submit your resume by email to mmcculloch@ratheastlinkcc.ca